VENNE-CUP November 19th 2022 Boys, girls & cadet+

Herning Brydeklub hereby invites you to Venne Cup Saturday 19th November.

Competition site:

Sportcenter Herning, Holing Knuden 3, 7400 Herning, Denmark.

Wei<mark>ghing-in:</mark>

Friday 19.00-21.00 and Saturday 8.00-8.30. Sauna at the weighing, Sportcenter Herning.

Participants: (NO WEIGHT TOLERANCE)

Young boys, 7-10 years, 2015–2012, Level 2 (new/medium) or Level 3 (experienced) 18/22, 24, 26, 29, 32, 35, 38, 42, 47, 53 kg Boys, 11-14 years, 2011-2008 26/29, 32, 35, 38, 41, 44, 48, 52, 57, 62, 68, 75, 95 kg Cadet+, 15-20 years, 2007-2002 41/45, 48, 51, 55, 60, 65, 71, 80, 92, 110 kg Girls/Women from 7 years, 2015- (Freestyle) 22/24, 26, 29, 32, 36, 40, 44, 48, 53, 58, 65, 72, 80 kg

<u>Competition start:</u>

Saturday 10.00.

Rules:

International rules, with national additions. National license required. The tournament will be conducted with A & B pool system on 4 wrestling mats.

Starting fee:

DKK 75/person (10 EUR). For teams with more than 10 participants additional participants are <u>free of charge</u>

Entry:

NO LATER than 7th November 2022 sent to e-mail: <u>mail@herningbrydeklub.dk</u> With name, club, weight class and category.

Changes: No later than 14th November 2022.

Referees:

Each club has to pay a fee of DKK 500. Each referee will receive DKK 500 assuming fulltime participation.

Referees meeting: Saturday 9.30.

Awards:

Medals are awarded to top three wrestlers in each weight category. A cup is awarded to the best wrestler in each age category. DKK 1.000 is awarded to the best team in each category (4, 3, 2, 1 p). DKK 3.000 is awarded to the best team overall.

Accomodation:

You can stay for free in our training hall (remember to bring sleeping bag and mattress)

Scandic Herning:www.scandichotels.comDanhostel Herning:www.danhostelherning.dkFurther information:www.visitherning.dk

Catering:

The cafeteria at the sport center is open all Saturday. Larger groups may order in advance. You are welcome to enjoy your own food but only in our club area.

Further information:

Henrik Pajbjerg: +45 2344 3623 henrik.pajbjerg@gmail.com

If you care for some additional fun this weekend, we can recommend you a visit to nearby: Baboon City (+45 9722 1314) or find inspiration at: <u>www.visitherning.dk</u>