

# VENNE-CUP

## NOVEMBER 18th 2023

### BOYS, GIRLS & CADET+

Herning Brydeklub hereby invites you to Venne Cup Saturday 18th November.

**Competition site:**

Sportcenter Herning, Holing Knuden 3,  
7400 Herning, Denmark.

**Weighing-in:**

Friday 19.00-21.00 and Saturday 8.00-8.30.  
Sauna at the weighing, Sportcenter Herning.

**Participants: (NO WEIGHT TOLERANCE)**

Young boys, 7-10 years, 2015-2012,

Level 2 (new/medium) or Level 3 (experienced)

18/22, 24, 26, 29, 32, 35, 38, 42, 47, 53 kg

Boys, 11-14 years, 2011-2008

26/29, 32, 35, 38, 41, 44, 48, 52, 57, 62, 68, 75, 95 kg

Cadet+, 15-20 years, 2007-2002

41/45, 48, 51, 55, 60, 65, 71, 80, 92, 110 kg

Girls/Women from 7 years, 2015- (Freestyle)

22/24, 26, 29, 32, 36, 40, 44, 48, 53, 58, 65, 72, 80 kg

**Competition start:**

Saturday 10.00.

**Rules:**

International rules, with national additions.  
National license required. The tournament  
will be conducted with A & B pool system on  
4 wrestling mats.

**Starting fee:**

DKK 75 /person (10 EUR).

For teams with more than 10 participants  
additional participants are **free of charge**

**Entry:**

NO LATER than 6th November 2023 sent to  
e-mail: [mail@herningbrydeklub.dk](mailto:mail@herningbrydeklub.dk)  
With name, club, weight class and category.

**Changes:** No later than 13th November 2023.

**Referees:**

Each club has to pay a fee of DKK 500.  
Each referee will receive DKK 500 assuming  
fulltime participation.

**Referees meeting:**

Saturday 9.30.

**Awards:**

Medals are awarded to top three wrestlers in  
each weight category. A cup is awarded to the  
best wrestler in each age category.  
DKK 1.000 is awarded to the best team in each  
category (4, 3, 2, 1 p). DKK 3.000 is awarded to  
the best team overall.

**Accommodation:**

You can stay for free in our training hall  
(remember to bring sleeping bag and mattress)

Scandic Herning: [www.scandichotels.com](http://www.scandichotels.com)

Danhostel Herning: [www.danhostelherning.dk](http://www.danhostelherning.dk)

Further information: [www.visitherning.dk](http://www.visitherning.dk)

**Catering:**

The cafeteria at the sport center is open all  
Saturday. Larger groups may order in advance.  
You are welcome to enjoy your own food but  
only in our club area.

**Further information:**

Henrik Pajbjerg: +45 2344 3623

[henrik.pajbjerg@gmail.com](mailto:henrik.pajbjerg@gmail.com)

If you care for some additional fun this  
weekend, we can recommend you a visit to  
nearby: Baboon City (+45 9722 1314) or find  
inspiration at: [www.visitherning.dk](http://www.visitherning.dk)